

CAN ESSENTIAL OILS HELP YOU AND YOUR FAMILY?

Would you like to improve your mental clarity, stamina and energy?

How about easing those aches and discomforts?

Want something to help you manage stress?

How would you like to lower your blood pressure and cholesterol?

Would you like to support your body's immune system?

Do you need help with your digestion?

Essential Oils represent in plants what blood represents in humans. They are the life-force energy of the plant. Essential Oils are not only far more potent than dried herbs, but they can also intensify the effects of herbs. These precious oils are distilled from plants, shrubs, flowers, trees, bushes and seeds. The distillation process is what makes Essential Oils so concentrated. Many times it takes an entire plant, or more, to produce one drop of distilled Essential Oil.

Amazingly, one drop of Essential Oil contains 40,000 molecules that go directly into each of the 100 trillion cells in the body within 21 minutes – or less! Essential Oils contain highly oxygenating molecules that deliver nutrients directly into the cell nucleus. These Essential Oils can also clean your cell receptor sites. If the receptor sites are not clean, then your cells do not get the message they need to receive, in order to do the job they are designed for. Essential Oils empower you to support the body's natural ability to heal itself.

Although Essential Oils have been used for thousands of years to promote health and longevity, science is just now discovering the wonderful power of these oils. Research has recently shown that many of the “super bugs” that we are so concerned about cannot survive in the presence of these Essential Oils.

The fragrance of the Essential Oils goes into the olfactory glands and directly into the brain. That is why it is so important to use ONLY 100% pure, Therapeutic-Grade oils.

It is better to use NO essential oils than to use adulterated oils that have been cut with synthetic extenders or not distilled in the proper fashion. Not only do the oils need to be pure, but the plants producing the oils need to be grown in soil that has not been treated with pesticides or chemicals. If the oils are not safe to take internally or you cannot ingest them, do not put them on the skin. In less than two seconds, whatever you put on your skin is in the blood.

You can get these Essential Oils in single oils and blends of several oils, plus a variety of personal care products and animals products containing these precious oils are also available. Adults, children and animals can enjoy the supportive effects these incredible Essential Oils provide.

Many Essential Oils:

Are immune enhancing

Support the body's natural defenses

Aid in maintaining normal cellular regeneration

Are mood elevating

Are antiseptic (topical use only)

Are high in antioxidants

Are aromatic

Are oxygenating

Boost stamina and energy

Help manage stress and frustration

Help reduce the appearance of aging

Promote overall health and longevity

Support the immune, circulatory, respiratory, digestive, nervous, and other body systems.

HOW DO YOU USE ESSENTIAL OILS?

Many of these oils can be applied directly to the skin. They are commonly applied to the bottom of the feet, the wrists or simply inhaled. Some oils may be added to distilled water, and you can spray them on yourself. One popular spray product helps cool down a sunburn, and others help deodorize a room. For a relaxing aromatherapy bath, you can add drops of Essential Oils to the bath water. Certain Essential Oils may be used as an insect repellent, for organic gardening and even in cooking. Many people diffuse the oils into the atmosphere of their homes, stores, office buildings, even barns.

Another effective use is to apply the appropriate oil to the energy center or chakra for a particular emotion or issue, for the desired effect. Massage therapists, energy healers and other alternative practitioners often use Essential Oils during their sessions.

Dietary Supplements containing Essential Oils may also be taken. The need to supplement is supported by The Journal of the American Medical Association's 2002 proclamation that "Most people do not consume an optimal amount of vitamins by diet alone . . . It appears prudent for all adults to take vitamin supplements."

Why not cleanse, enhance, build and protect your health and wellness naturally -- by using these oils? Take the next step today to improve your long-term health. Empower yourself and your family by finding out how you can support your wellness with Essential Oils.