

A HAPPY HOLIDAY SEASON . . . TRAVELING WITH ESSENTIAL OILS

Would you like to simplify your holiday life with essential oils? Essential oils make great gifts for adults, kids and animals. You can have these essential oil products and kits shipped to your destination, rather than lugging them through the airport. They are lightweight and can be delivered direct to the door in three days – no need to leave the house! No shopping or fighting the crowds.

The following story will illustrate a few ways essential oils can make the holiday season healthier for you and your family. Let's look at it from the eyes of Mary . . .

Mary thinks how lucky she is that her friend had a house party, where she learned about these 100% pure, Therapeutic-Grade Essential Oils. It is amazing that one drop of essential oil goes into every cell of the body in 21 minutes or less! These oils were used in Biblical days and earlier, and we are just now re-discovering their benefits in our everyday lives.

Before that house party, all Mary knew was that essential oils smelled good, but so what? Mary is glad to know each essential oil has many purposes and uses. She packed a few oils for the trip home for the holidays, knowing they will help her in many ways.

On Christmas Eve, before driving to the airport with her family, Mary rubs Clove oil on her aching tooth, since she had no time to go to the dentist. She is pleased with how well it works!

Mary feels a tickle in her throat. There's no time to get sick on this trip. So she pops an essential-oils throat lozenge. On her throat, she puts a drop of the essential oil blend that kills 99.96% germs, knowing she is killing this cold before it buds. Then dabbing on some of the respiratory/congestion oil, Mary feels confident she will arrive feeling good.

After parking easily at the airport, the family checks the airport monitor and discovers that their flight has been delayed by 2 HOURS!!!! As a big headache begins to set in, Mary reaches for her peppermint oil, dabbing it on her temples, and soon her headache subsides.

Stressed out from the screaming baby, Mary chooses to wear the calming oil. After she applies the essential-oil ointment to the diaper rash, the baby goes peacefully back to sleep. Next little Joey gets restless and receives the calming oil, too. Mary is delighted that there are so many pure products for children – the gentle shampoos and bath gels, all without preservatives or chemicals in them.

Finally they board the plane, and Mary notices a number of people coughing. Have no fear, essential oils are here! Mary's family puts on the essential oils that will kill the airborne bacteria and protect the family from getting sick.

Mary's husband's back is hurting from sitting cramped in that airplane seat. He wonders why he had to get the only seat that does not lay back? With a smile on her face, Mary hands him the peppermint oil, to ease his stiffness and muscle aches.

The plane touches down, and Mary's relatives eagerly arrive to pick them up. Everyone's HUNGRY, but it will be another hour before they can eat. Thank goodness for peppermint oil, which helps suppress the appetite and calm the hunger beast.

Finally, they get some food! Soon after, Mary notices the food does not agree with her. She applies the digestive oil to ease the tummy ache.

Upon arriving at the house, Mary notices everyone there is a little rattled at the late arrival of Mary and family. She pulls out the travel diffuser, puts in the oil blend to elevate everyone's mood, which smells so good! Mary even bought some of this oil for her Mom to wear as a perfume.

After visiting with the relatives for awhile, it is bedtime. Mary puts the calming blend and lavender on the bottom of her feet, knowing they will assist in soothing and relaxing her. Since Mary knows Joe will be snoring loudly, she lovingly rubs thyme oil on his feet, so everyone else can get some sleep.

As the sandman comes, Mary happily remembers that the pet sitter will be putting the relaxing blend of essential oils on Fido's paws back home, so Fido will remain be comforted while the family is gone.

Ho, ho, ho, she can hear Rudolph now – Come Dasher, Come Prancer . . . Santa will be here soon!

Give the gift of Love with Essential Oils. . . Merry Christmas, and To All a Good Night!